

**What is consent?**

First of all, consent is willingly agreeing prior to participating in sexual activity. This agreement must be given to the other partner verbally or behaviorally or both. It must be a free and informed choice.

**Careful!**: Even after consenting to a sexual act, if a person uses words or behavior to show that they do not wish to continue… consent no longer exists.

# It is possible to remove one’s consent at any time.

**Once consent has been withdrawn, the partner must immediately cease their activity.**